

TORONTO CENTRAL HOSPICE PALLIATIVE CARE SECTOR

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Toronto Central Palliative Care Network
Presented: Knowledge exchange & transfer session
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OBJECTIVES

- Introduction
- Hospice Palliative Care Concepts & Principles
- Navigating Hospice Palliative Care in Toronto
- Common Referral Form
- Overview of Each Care Setting & Provider Groups
 - Community Care:
 - Community Volunteer Hospices
 - CCAC
 - Visiting Physician Programs
 - Residential Hospices
 - Long Term Care
 - Hospitals:
 - Palliative Care Units
 - In-Patient Consult Teams

TORONTO CENTRAL PALLIATIVE CARE NETWORK 2010

<p><u>HOSPITAL MEMBER (193 BEDS)</u></p> <ol style="list-style-type: none"> 1) Baycrest Centre for Geriatric Care 2) Bridgepoint Health 3) Hospital for Sick Children 4) Mount Sinai Hospital 5) Princess Margaret Hospital, University Health Network 6) Providence Health Centre 7) Toronto Rehab Ins. 8) Toronto Grace 9) St Joseph's HC 10) St Michael's Hospital 11) Sunnybrook Health Sciences Centre 12) Toronto East General Hospital 13) Westpark Healthcare 	<p><u>RESIDENTIAL HOSPICES MEMBERS (30 BEDS)</u></p> <ol style="list-style-type: none"> 1) Casey House Hospice 2) Dorothy Ley 3) Perram House 	<p><u>COMMUNITY HOSPICE PROGRAM MEMBERS</u></p> <ol style="list-style-type: none"> 1) Alliance Hospice 2) Hazel Burns 3) Jewish Hospice 4) Philip Aziz Centre 5) Hospice Toronto 6) Temmy Latner Centre 7) Circle of Care 8) Toronto Central CCAC 	<p><u>LONG TERM CARE HOME MEMBERS</u></p> <ol style="list-style-type: none"> 1) Kensington Long-Term Care Centre 2) Leisureworld St. George 	<p><u>Other Key Members:</u></p> <ol style="list-style-type: none"> 1) Toronto Central Regional Cancer Program 2) Central East Regional Cancer Program (CE RCP) 3) Canadian Cancer Society (*in 2010-11) 4) Distinct Healthcare 5) VON 	<p><u>Partners:</u></p> <ol style="list-style-type: none"> 1) Ontario Stroke Network -Toronto Region 2) Alzheimer's Society 3) City of Toronto 4) TC LHIN 5) City of Toronto Homes for the Aged 6) Homelessness & Palliative Care Cte 7) GTA Palliative Care Networks 8) Regional Geriatric Program 9) GTA Rehab Network 	<p><u>Regional Capacity Building Resource Partners</u></p> <ol style="list-style-type: none"> 1) Palliative Pain & Mgmt Consult Services 2) HAO – Interdisciplinary Palliative Care Education Services (member) 3) University of Toronto: Palliative Care Education for Family Physician
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NETWORK MEMBERS' HOSPICE PALLIATIVE CARE SERVICES

Physical	Psychological	Social	Spiritual	Disease Management	Practical	End of Life Care / Death	Loss / Grief
<ul style="list-style-type: none"> •Pain and other symptoms * •Level of consciousness, cognition •Function, safety, aids: <ul style="list-style-type: none"> • Motor (e.g., mobility, •swallowing, excretion) • Senses (e.g., hearing, sight, •smell, taste, touch) • Physiologic (e.g., breathing, •circulation) • Sexual •Fluids, nutrition •Wounds •Habits (e.g., alcohol, smoking) 	<ul style="list-style-type: none"> •Personality, strengths, behaviour, •motivation •Depression, anxiety •Emotions (e.g., anger, distress, •hopelessness, loneliness) •Fears (e.g., abandonment, burden, •death) •Control, dignity, independence •Conflict, guilt, stress, coping •responses •Self-image, self-esteem 	<ul style="list-style-type: none"> •Cultural values, beliefs, practices •Relationships, roles with family, •friends, community •Isolation, abandonment, reconciliation •Safe, comforting environment •Privacy, intimacy •Routines, rituals, recreation, vocation •Financial resources, expenses •Legal (e.g., powers of attorney for business, for healthcare, advance directives, last will/ testament, beneficiaries) •Family caregiver protection •Guardianship, custody issues 	<ul style="list-style-type: none"> •Meaning, value •Existential, transcendental •Values, beliefs, practices, affiliations •Spiritual advisors, rites, rituals •Symbols, icons 	<ul style="list-style-type: none"> •Primary diagnosis, prognosis, •evidence •Secondary diagnoses (e.g., dementia, psychiatric diagnoses, substance use, •trauma) •Co-morbidities (e.g., delirium, seizures, organ failure) •Adverse events (e.g., side effects, toxicity) •Allergies 	<ul style="list-style-type: none"> •Activities of daily living (e.g., personal care, household activities, see detailed listing on page 91) •Dependents, pets •Telephone access, •transportation 	<ul style="list-style-type: none"> •Life closure (e.g., completing business, closing relationships, saying goodbye) •Gift giving (e.g., things, money, organs, thoughts) •Legacy creation •Preparation for expected death •Anticipation and management of physiological changes in the last hours of life •Rites, rituals •Pronouncement, certification •Perideath care of family, handling of the body •Funerals, memorial services, celebrations 	<ul style="list-style-type: none"> •Loss •Grief (e.g., acute, chronic, anticipatory) •Bereavement planning •Mourning

NETWORK VISION & MISSION

VISION

- A full range of high quality hospice palliative care services will be available to the people of Toronto and their families across all care settings

MISSION

- The Toronto Central Palliative Care Network will provide leadership and the structure to facilitate the development of a comprehensive, integrated and coordinated system of hospice palliative care for Toronto. Central region

NETWORK GOALS

1. Promote **quality** in hospice palliative care services through the recommendation and advancement of accepted standards and best practices, education and innovation.
2. Advance **accountability** through measurement and evaluation of the regional hospice palliative care system.
3. Provide **leadership and structure** in the provision of hospice palliative care services through the collaboration and cooperation of hospice palliative care providers and organizations from a variety of disciplines and care settings.
4. Advise on and influence **policy** in hospice palliative care.
5. Raise **public awareness** of hospice palliative care services and the regional system.
6. Embrace and promote **individualized, family-centered** service delivery.

“NAVIGATING THE TORONTO CENTRAL LHIN HOSPICE PALLIATIVE CARE SECTOR”

Siu Mee Cheng, Executive Director
Toronto Central Palliative Care Network

Community/Home, Residential Hospice & LTCH

Residential Hospices
(3 RHs = 30 beds)

Visiting Physician Programs
(3 Programs: St. Joe's, TO
Grace & Temmy Latner Ctr)

CCAC
(Community Nursing,
PSWs & SWs)

Community Hospices
(7 Community Hospices)

Long Term Care Homes

Hospital

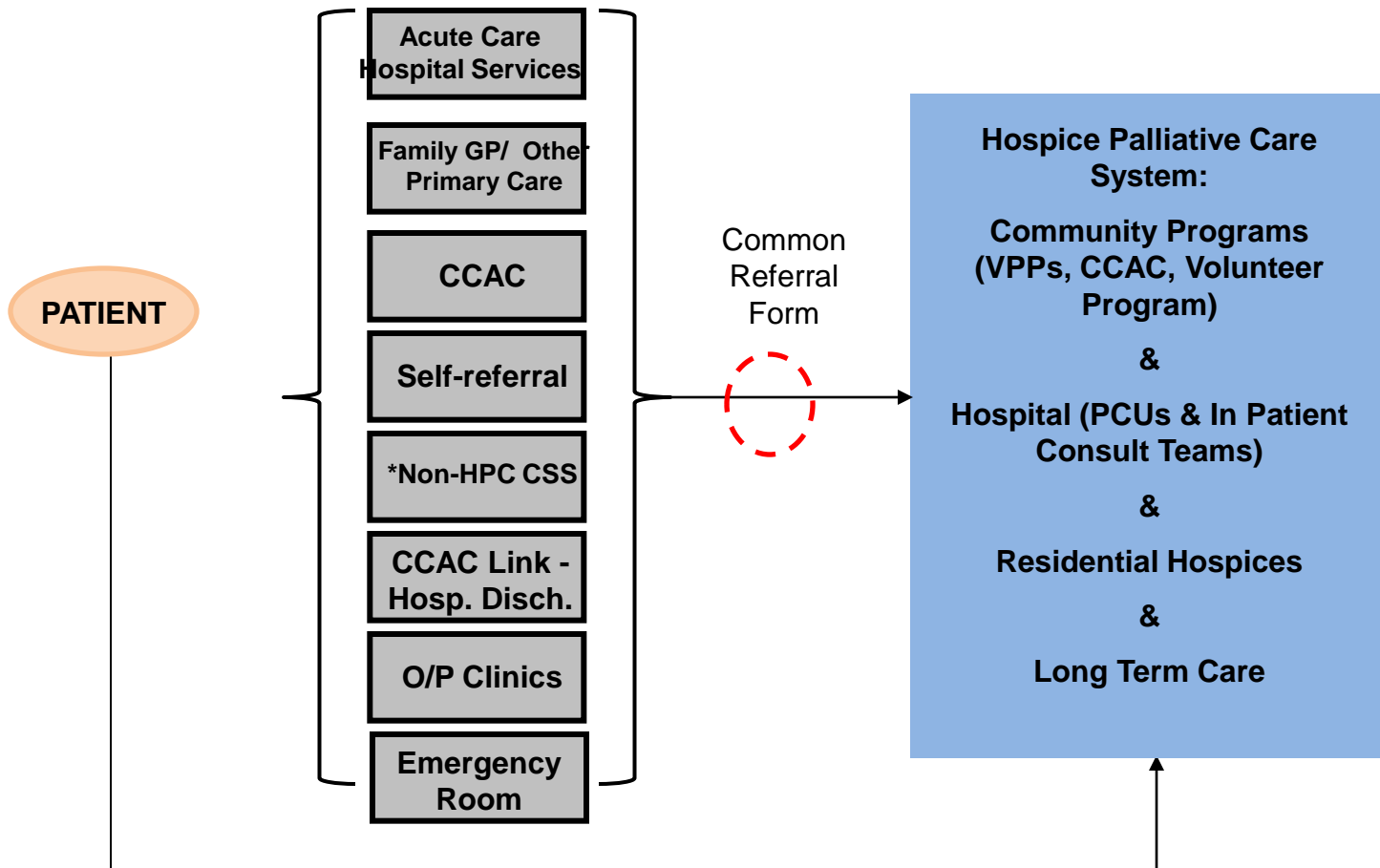
Acute Care In Patient Floors,
Clinics
And
ALC Beds

In Patient Palliative Care Consult Programs

Hospital

Palliative Care Units (193 Beds)

ROUTES OF ENTRY INTO HOSPICE PALLIATIVE CARE SECTOR IN TORONTO CENTRAL LHIN



* CSS=Community support services

TORONTO

CENTRAL PALLIATIVE CARE NETWORK

Hospitals	PCU	In-Patient Consult	Out-Patient Program	Home Visit Program	Respite Beds
Baycrest Health	√	√			√
Bridgepoint Health	√	√			√
Hospital for Sick Children		√		√	√
Mount Sinai Hospital		√	√	√	
Providence Health	√	√			
St. Joseph's Hospital		√	√	√	
St. Michael's Hospital	√	√			
Sunnybrook Health Sciences Centre	√	√	√		No info
Toronto East General Hospital	√				√
Toronto Grace Health Centre	√			√	√
Toronto Rehabilitation Institute	√	√			√
University Health Network	√	√	√		√

COMMUNITY VOLUNTEER & RESIDENTIAL HOSPICES

Organization	Volunteer Home-visit Programs	Day Programs	Residential Hospice
Alliance Hospice	X	X	
Casey House		X	X
CCAC	X*		
Dorothy Ley Hospice	X	X	X
Circle of Care	X		
Hazel Burns	X		
Hospice Program	X	X	
Jewish Hospice	X		
Perram House			X
Philip Aziz Centre	X	X	